

Design by Mass Communication Specialist 2nd Class (EXW) Stacy D. Lase

By MCCS (SW/AW) Roberto Cerda and MC3 Tiger Martinez Enterprise Public Affairs

USS ENTERPRISE, At sea – Sailors aboard the aircraft carrier USS Enterprise (CVN 65) are preparing for their advancement exams as the ship continues conducting work-ups and flight operations Aug. 27.

A Sailor preparing for an advancement exam is similar to an athlete who trains for an upcoming game; very few Sailors can simply walk in and succeed without studying.

With less than a week until the first exam, it's important to know what can be done to get a leg up, especially with a busy underway schedule increasing the challenge.

There are three basic things Sailors can do to get ready: study from the published bibliography for each rate, prepare physically for the exam, and apply tried and true exam-taking techniques to cut the highest score possible.

Careful study is the first key to success on an exam. Sailors without a bibliography can visit the Navy Advancement Center's Web

site on Navy Knowledge Online at https://www.nko.navy.mil where it can be downloaded or printed, along with guidance on professional military knowledge (PMK) that can make up as much as 50% of a test and can be the difference between advancing or not.

Exam writers are chief petty officers who are required to list the sources used when developing questions for the exam. By studying the approved bibliography, Sailors can be sure that they are reading the material used to develop the exam they will take. The Education Services Office (ESO) can assist in this process.

"You have to start studying early," said Ensign Clarence E. Shelton, the ship's educational services officer. "Get your [bibliography], develop a study plan, form a study group, and start studying."

Onboard Enterprise, senior Sailors are helping junior Sailors study and prepare for their exams by offering daily PMK train-

SAILORS OF THE DAY



Aviation Machinist's Mate 3rd Class William C. Moye

Q: Why did you join the Navy?

A: "I joined for the educational opportunity, to travel the world and to be able to work on an aircraft carrier."

Q: What is the most rewarding aspect of your job?

A: "Gaining a better understanding of aircraft propulsion systems."

Q: What do you do in your spare time? A: "I like to hunt, fish, work out, and fix cars and trucks."

Boatswain's Mate Seaman Troy D. Hunter

Q: Why did you join the Navy?

A: "I joined to explore new places and meet new people around the world."

Q: What is the most rewarding aspect of your job?

A: "Having the privilege to steer the biggest warship in the Navy."

Q: What do you do in your spare time?

A: "I like to go to the gym, play sports and drive in my Camaro."



'Advance' Cont. from Pg. 1

ing sessions at 1 p.m. on the forward mess decks. The PMK training has helped many Sailors advance, including some who now help with the training efforts themselves.

Instructors also discuss study tools and exam-taking tips to further boost exam scores. They distribute CDs that hold games and study guides pertaining to certain PMK requirements.

Being prepared physically is important as well. "The night before the exam, Sailors should stop studying in time to ensure you get a full night's rest. Spending all night 'cramming' will only make them tired and less alert. In the morning, they should plan to eat a good meal. This will help maintain focus and keep hunger from being a distraction," said Shelton

Even Sailors who are mentally and physically prepared for an exam can benefit from these proven test-taking techniques. Sailors should plan to arrive early, ready to take the test and should make sure they are in the proper uniform.

Sailors have three hours to take the exam once it is opened. Many Sailors do themselves a disservice by speeding through the test. They should take their time and read each question carefully before carefully reading the answers. Often, there will be at least one answer that just doesn't look right or is significantly different than the other answers. A good rule of thumb is that if a gut feeling says an answer is wrong, it probably is.

Sailors who feel an answer absolutely must change should ensure the old one

is thoroughly erased. If the scanning system grading the exam detects multiple answers, it will score the question as being answered incorrectly.

Finally, when Sailors have completed the exam, they should look at the answer sheet ensuring that answers are fully marked so they will be scanned properly.

Exams will be administered Sept. 2 for prospective first class petty officers, Sept. 9 for prospective second class petty officers and Sept. 15 for prospective third class petty officers.

Enterprise is conducting work-ups and flight deck operations in preparation for its upcoming deployment. For more information about USS Enterprise, Carrier Strike Group 12 or Carrier Air Wing One visit www. Enterprise.navy.mil, www.ccsg12.surfor.navy.mil, and www.cvw1.navy.mil. You can also visit www.news. navy.mil/local/cvn65.



Photo by Mass Communication Specialist Seaman Apprentice Jared M. King

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Captain O.P. Honors, Commanding Officer of the aircraft carrier USS Enterprise (CVN 65), meritoriously promoted 22 Sailors using the Command Advancement Program (CAP). Those Sailors promoted were to E-4 were SHSN Isaiah D. McClary, LSSN David C. Reals, DCFN Benjamin C. Coate, PSSN Ernest L. Pryor, ABFAN Damon V. Cascio, ABHAN Vincent A. Calvo, LSSN (AW) Carla S. Sailes, HMFN Lizzenet S. Terry, SHSN (SW) Shiva A. August, AOAN Hunter C. McColgan, SHSN (SW/AW) Darryl J. Henderson, AOAN Dejwain M. Andrews, ASAN Jose L. Echevarria, MMFN (SW) Gilbert LaGuerre, ABFAN (AW) Melissa A. Rico, DCFN Curtis M. Iverson, AZAN (AW) Matthew S. Parenteau, YNSN (SW/AW) Maribel Benitez, ATAN Danielle D. Reynolds. Those Sailors promoted to E-5 were AO3 (AW/SW) Jason A. Hoffman, HT3 (SW) Amanda M. Murry, AO3 (AW) Randall G. Walther. The Sailor promoted to E-6 was PS2 (SW/AW) Mory Cisse.



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Education Points for Advancement Exams

Education points for advancement exams do not appear on worksheets. These points are not award points. As long as the degree is in the member's SMART Transcript, they will receive credit for the degree. It is two points for an accredited associate's degree and four points for an accredited baccalaureate degree. The original transcripts must be mailed from the school to the (new) Virtual Education Center, no later than the first of the month in which the advancement exam occurs. These can not be hand-carried. The mailing address is: Commanding Officer

Center for Personal and Professional Development Attn: Virtual Education Center 1905 Regulus Avenue, Ste 234 Virginia Beach, VA 23461-2009



XO movie night on SITE TV at 8:30 p.m.

<u>August 29</u>

Live Music and Ice Cream Social on the aft mess decks at 8:30 p.m.

August 30

Texas Hold'em on the aft mess decks at 8:30 p.m.

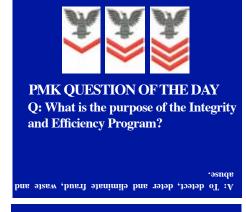
Underway Channels

Training/Informational Scroll 31 History SITE TV-Drama/Suspense/Thriller 32 USA SITE TV-Comedy/Romance 33 FX **34 TNT** SITE TV-Action / Adventure 12 ILARTS (PLAT) 35 A&E 36 AMC **16** GBS **37 TLC** 22 Fox News **38 IFC** 23 Headline News 39 SYFY 24 Military 25 NFL **40 BIO** 41 E! 26 National Geographic 42 ABC East 27 MTV 43 NBC East 28 ESPN 29 VH1 44 CBS East **30 SPIKE** 45 FOX East

In order to accommodate all watch schedules, SITE TV will play movies from 9 a.m. until 7 p.m. and then repeat the schedule from 7 p.m. to 5 a.m.

PROFESSIONAL MILITARY KNOWLEDGE (PMK) TRAINING We are here to help you prepare for your September advancement exam. PMK training sessions are conducted Monday - Friday at 1 p.m. on the forward mess decks until Sept. 12. When events or drills conflict with the training session, the training will be rescheduled for 7 p.m. that same day. For questions or concerns, please contact ET1 Schwartz or PS1 C. Brown via e-mail or J-6560/J-7095.

Nightly ESWS training will be held in the foc'sle, Monday -Friday at 6 p.m. Boards will be held on Fridays in lieu of training as necessary.





Sailor Advisory: In order to complete fingerprinting for ISOPREP, Security will be conducting fingerprinting from 9 a.m. to 11 a.m. daily while underway. This will continue until after Reactor's training cycle and Security begins training for its upcoming C2F FPEX. Security will also be obtaining available times for fingerprinting at the area Pass and ID offices upon return.